

*Help Us Help People Suffering With Multiple System Atrophy!*

WWW.MSADOWNUNDER.ORG.AU

Email: support@msadownunder.org.au

Defeat Multiple System Atrophy  
Australia and New Zealand

FOR INFORMATION ABOUT MSA,  
PLEASE CONTACT:



## What is MSA ?

MSA is a rare, rapid progressing neurodegenerative disorder. MSA impairs the systems that regulate blood pressure, heart rate and the bladder - many of the basic bodily functions that people take for granted every day. The life expectancy for those with MSA is typically 5 to 10 years. Patients with advanced MSA often become bedridden, unable to speak and completely paralyzed. At present, there is no cure for MSA, no genetic tests and very few treatments.

Defeat MSA Down Under is a registered charity in AU and NZ.  
(ABN: 57638405151)

PLEASE DONATE: [www.msadownunder.org.au](http://www.msadownunder.org.au)

MY NAME IS: \_\_\_\_\_

I HAVE A NEUROLOGICAL DISEASE CALLED  
MULTIPLE SYSTEM ATROPHY (MSA), FORMERLY  
CALLED SHY-DRAGER DISEASE.

MY EMERGENCY CONTACT IS: \_\_\_\_\_

OTHER FACTS ABOUT MY HEALTH:

ADVANCE DIRECTIVE (CIRCLE) YES NO

MY GP/NEURO DOCTOR IS: \_\_\_\_\_

HIS/HER CONTACT INFO: \_\_\_\_\_

\_\_\_\_\_

MSA MEANS:

- I MAY HAVE PROBLEMS WITH WALKING, CALLED ATAXIA
  - I MAY HAVE PROBLEMS WITH MUSCLES CONTRACTION, CALLED DYSTONIA
  - I MAY HAVE PROBLEMS WITH SPEAKING, CALLED DYSARTHIA
  - I MAY HAVE DIZZINESS OR FATIGUE, CAUSED BY ORTHOSTATIC HYPOTENSION
  - I MAY HAVE BLADDER PROBLEMS, URGENCY OR INCONTINENCE
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